

**Dear Steve,**

I am 39 years old and have had trouble with cataracts for the last 16 years. The doctors don't know the cause, but they recommend surgery. It's tough because of possible complications. The cataracts started getting worse about 9 years ago when I got married. I have been divorced for 3 years now, and they just started getting worse again recently. I have tried all sorts of naturopathic remedies to solve the problem, but with little success. I am also getting headaches. I don't know if they are related to the eye problems or not since I've been having headaches since I was around 13 years old. I am gradually going blind, but surgery is a last resort. I'd like to see where I'm going,

Jennifer - South Dakota

**Dear Jennifer,**

It is not up to me to say whether or not to go for the surgery. When we are ready to heal, we DO heal, or at the very least, the right treatment presents itself. By letting go of the stressors specific to your eyes, I have faith that you will avail yourself of the right treatment. Additionally, without the stressors, a treatment that didn't work in the past, may work once the energy to that part of the body is opened. The eyes relate to seeing things, or in your case NOT seeing things. Specifically, I get the impression that you are NOT supposed to see things - perhaps a history of others keeping secrets from you, perhaps a "truth" that was too painful to see. You may feel or fear that others will "pull the wool over your eyes."

Because there was a related problem starting around puberty, it may have to do with sexual issues. I feel that your husband, early in the relationship, was attracted to other women, and that you didn't want to or "weren't supposed to see" that. (This was later confirmed with Jennifer). I am also picking up a possible separation between your parents at an early age. (Dad actually declined a great career opportunity to stay at home with the family, especially Jennifer). He did a good job of covering up his sadness. You weren't "supposed to" see his pain because that would have led to guilt and even more sadness. The possible trigger presently could have to do with you opening up again to more intimate relationships, but the cellular fear of seeing things you "aren't supposed to" creates the tension around the eyes. (This was also confirmed, as Jennifer has recently been interested in getting into a deeper relationship with someone.)

Let yourself off the hook for wanting love and honesty, and for wanting to trust your OWN perceptions, even though others would have you mistrust those perceptions. The past does NOT have to re-manifest itself in the present or future!

**Positive Thought To Manifest:** I safely acknowledge my truth. And I allow others to feel safe with that.

Let others see your truth,  
Steve