

**Dear Steven,**

My name is Beth. I will be 65 years this coming year. My father passed away about two years ago. We were estranged for many years. About five or six weeks before he went I saw him one night in what I am not sure was a dream. He was standing besides a phone booth, smiling, and wearing a beautiful long brilliant white coat. Sitting on the ground was a little girl selling nuts. He told me to “buy her nuts”. Then I woke up.

Since then I dreamed of my sister-in-law also dressed in white. She also went a few weeks later. Last month I dreamed of a very ill friend who also passed away. I am not afraid, but I have a strange pain at the location of the third eye. Can you explain?

Thank You Very Much,  
Beth - Quebec, Canada

**Dear Beth,**

What a wonderful gift you have been given. The third eye, or middle of the forehead, usually relates to trying to “see” too much into the future. But in your case you have just opened up to it. Your far-sight, at this point, is focused on others’ passing. It also refers to death, which is often hard to do anything about.

Certainly see a medical practitioner for a diagnosis if the problem persists. However, in the meantime, you can release the energies collecting in your 3<sup>rd</sup> eye: Let those who have passed on know you are sorry for not sharing your “dreams” with them. If it happens in the future, talk to the person. Let them know “it could just be a dream, but I felt it important to tell you. Call me crazy if you want. And it might be nothing to worry about, but here it is...”

Your father is happy (smiling) and trying to communicate with you (telephone). He wishes you to be in touch with that part of you (the little girl) who gained nourishment from him, and from your own masculine energy - the assertive, goal oriented self who can rise above situations and look at them objectively.

Additionally, the real gift you have been given is a chance to be more complete with the person in question. Tell them things in a loving way that may not have been said that way before. Bless them, and yourself. Know that when your time comes, there is so much more than the physical body that lives on.

**Positive Thought To Manifest:** I acknowledge Spirit in my life and in others’ lives. I call on Guidance for all my communications.

You can be complete with others, whether or not they are complete with you,  
Steve