

Dear Steve,

Three years ago my daughter, now 18 years old, was diagnosed with Multiple Sclerosis. It's not effecting her too much right now, but she is getting tired with a lot of aches, a few tremors. I'm worried about the future. She is already seeing a naturopath, but I wish to see if she can be helped through focusing on certain thoughts, and meditations as well.

Many years ago, I got divorced from her father. She and her sister have lived with me for the most part, but sometimes with their father. My relationship with their father has been kind of rocky. Sometimes we'd get back together, but things would blow up, and we'd separate again. Sometimes, he would just show up after being gone a long time, and expect things to pick up where they left off. I've also moved a lot throughout the years, but have always done the best for my family. Is there anything you can suggest that would help her get the MS under control?

Candice - Wichita, KS

Dear Candice,

Multiple Sclerosis has to do with the hardening of certain parts of the nervous system. The person becomes hardened, or stubborn, in responding to certain emotional situations also limiting the available emotional responses. For your daughter specifically, she may have become hardened in order to protect herself from all the changes going on around her. Your family situation has not been the most stable, and her MS may be a survival response, cushioning her against the changes, or rather the expected changes.

She can explore that fine line between stubbornness and certainty. It's alright for her to be happy one minute, sad the next, angry, fearful or loving the next, and so on. By CHANNELING Love and Light to those around her, she can express her true feelings without taking on others' anger, pain, guilt or shame.

Positive Thought To Manifest: I am now better able to express my feelings, and act on them in whatever form is for the Highest Good of myself, my FAMILY, and all concerned.

Her Feelings Are Her Own,
Steve